

# BOOST 1-2-1 Support Young Person's Referral Form



This form should be completed by any young person in Newport aged 10-18 who would like to access BOOST 1-2-1 support through Newport Mind.

Please provide as much information as you can. If there are any questions you don't feel comfortable answering you can leave these blank and discuss them later with a member of the BOOST team. If you would like help to complete the form you may wish to ask a trusted adult.

Your details:			
Name			
DOB		Age	
Gender			
Address			
Postcode			
School			
Phone number			
Email address			
Preferred contact method	(e.g. phone call, WhatsApp, Zoom)		
Are you already accessing support through Changing Minds services at Newport Mind?	Yes		
	No		
Please use the space below to tell us about any other services you are receiving support from, if any:			

Your parent or carers details:		
Name		
Phone number		
Email address		
Is your parent or carer aware that you are making this referral? (If you are under 13 we may need to get consent from your parent or carer to access this service).	Yes	
	No	



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## A little bit more about you

Please use the space below to tell us about why you would like support from BOOST:

Please use the space below to tell us anything else you think we should know about at this stage:

## Additional support

If you have any additional needs that we should know about to help you access BOOST support, please add your details into the relevant categories below:

Language	
Communication	
Disability	
Other	

## What to do now:

Please email a copy of your referral form to Abbey Rowe, the BOOST coordinator at Newport Mind, at [abbey.rowe@newportmind.org](mailto:abbey.rowe@newportmind.org)

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Once we have received your referral, a member of the BOOST team will be in touch with you as soon as possible to discuss the next steps.

For more information about other services we provide at Newport Mind for young people, visit our website using the following link:

[www.newportmind.org/children--young-people-and-family-services/](http://www.newportmind.org/children--young-people-and-family-services/)



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