

WEEK ONE MENU

04/11, 25/11, 16/12, 06/01, 27/01, 17/02, 09/03, 30/03

MONDAY

MEDITERRANEAN

Italian Beef Lasagne
Or
Crunchy Pepper & Hummus
Wrap with Baby Spinach (V)
Sides . . .
Oregano Roasted Veg
Corn on the Cob
Ciabatta Garlic Bread
Green Salad

STREET FOOD

DEEP SOUTH DINER

Beef Burger
Sides . . .
Cajun Potato Wedges
Coleslaw

ITALIANO

Veggie Supreme Pizza (V)
Chunky Vegetable Pasta (V)
Beef Bolognese Pasta
Margherita Pasta (V)

DESSERT

Banoffee Pie

TUESDAY

BRITISH

Cottage Pie with Gravy
Or
Cheese, Tomato & Potato Bake (V)
Sides . . .
Garden Peas & Cauliflower
Mixed Salad
Wholemeal Bread

STREET FOOD

WINGS & THINGS

Special Marinated Roast Chicken Thigh
with Sticky Tabasco & Flatbread
Sides . . .
Tomato & Onion Salad
Cucumber & Green Bean Salad

ITALIANO

Cajun Chicken Sizzler Pizza
Arrabiata Pasta (V)
Beef Bolognese Pasta
Margherita Pasta (V)

DESSERT

Vanilla
&
Blueberry Blondie

WEDNESDAY

BRITISH

Roast Beef with Roast Potatoes & Gravy
Or
Spinach & Soft Cheese Lasagne (V)
Sides . . .
Broccoli & Baton Carrots
Crown Loaf
Garden Salad

STREET FOOD

DEEP SOUTH DINER

Chicken Gyros Pitta Bread with
Mint & Yoghurt Sauce
Sides . . .
Paprika Potato Wedges
Red Coleslaw

ITALIANO

Hawaiian Pizza
Herby Tomato Pasta (V)
Beef Bolognese Pasta
Margherita Pasta (V)

DESSERT

Apple & Blackberry
Pie
With
Custard

THURSDAY

CARIBBEAN

Trinidad Chicken Rice
Or
Smoked Cauliflower Cheese (V)
Sides . . .
Orange & Cumin Roasted Veg
Greens & Grains
Lightly Spiced Sweetcorn & Lime
Focaccia Bread
Crunchy Salad

STREET FOOD

WINGS & THINGS

Chicken Mayo Burger
Sides . . .
Garlic & Herb Potato Wedges
Spinach & Coconut Slaw

ITALIANO

Bacon Pizza
Neapolitan Pasta (V)
Beef Bolognese Pasta
Margherita Pasta (V)

DESSERT

Fruit Slice
With
Vanilla Ice Cream

FRIDAY

BRITISH

Homemade Battered Fish Filet (V)
Jumbo Cod Fish Finger (V)
Or
Feta & Potato Frittata (V)
Sides . . .
Garden Peas
Baked Beans
Curry Sauce
Chips & Bloomer Bread

STREET FOOD

DEEP SOUTH DINER

Katsu Fish Finger Wrap (V)
Sides . . .
Chips
Apple Slaw
Tomato & Cucumber Salad

ITALIANO

Veggie Hot One Pizza (V)
Veggie Bolognese Pasta (V)
Margherita Pasta (V)

DESSERT

Chocolate Sponge
with
Chocolate Sauce

WE
SERVE

Jacket Potatoes, Salad Pots, fresh
Baguettes & Sandwiches everyday!

ANY MAIN
& DESSERT

£2.40

WEEK TWO MENU

11/11, 02/12, 23/12, 13/01, 03/02, 24/02, 16/03

MONDAY

MEDITERRANEAN

Turkey & Mozzarella Bake
Or
Crispy Topped Sweet Potato Crumble (V)
Sides . . .
Lemon & Garlic Broccoli
Paprika Roasted Cauliflower
Garlic Bread
Green Salad

STREET FOOD

DEEP SOUTH DINER

Beef Barbacoa Burrito
Sides . . .
Paprika Potato Wedges
Coleslaw

ITALIANO

3 Cheese Sicilian Pizza (V)
Arrabiata Pasta (V)
Beef Bolognese Pasta
Margherita Pasta (V)

DESSERT

Chocolate & Raspberry
Swirl Cake

TUESDAY

CHINESE

Garlic & Soy Chicken with Wholegrain Rice
Or
Mac 'N' Cheese (V)
Sides . . .
Wok Tossed Oriental Vegetables
Sweetcorn
Ciabatta Bread
Crunchy Salad

STREET FOOD

WINGS & THINGS

Special Marinated Roast Chicken
Drumsticks with BBQ
Sides . . .
Garlic & Herb Potato Wedges
Cucumber & Green Beans Salad

ITALIANO

Bacon Pizza
Herby Tomato Pasta (V)
Beef Bolognese Pasta
Margherita Pasta (V)

DESSERT

Apple & Cinnamon Strudel
With
Ice Cream

WEDNESDAY

BRITISH

Roast Turkey with Roast Potatoes, Sage &
Onion Stuffing & Gravy
Or
Vegetable Moussaka (V)
Sides . . .
Broccoli & Baton Carrots
Savoy Cabbage & Green Salad
Farmhouse Bread

STREET FOOD

DEEP SOUTH DINER

Creamy Fish Pasta Bake
Sides . . .
Thyme Roast Potatoes
Garden Peas

ITALIANO

Veggie Supreme Pizza (V)
Chunky Vegetable Pasta (V)
Beef Bolognese Pasta
Margherita Pasta (V)

DESSERT

Plum & Apple
Shortcake Crumble

THURSDAY

BRITISH

Crispy Topped Beef Cumberland Pie & Gravy
Or
Smokey Bean & Corn Topped Wedges (V)
Sides . . .
Cauliflower & Broccoli Florets
Green Beans
Ciabatta Bread
Mixed Salad

STREET FOOD

WINGS & THINGS

Maple & Mustard Glazed Chicken Melt
Sides . . .
New Potatoes
Apple Slaw

ITALIANO

Veggie Hot One Pizza (V)
Veggie Bolognese Pasta (V)
Beef Bolognese Pasta
Margherita Pasta (V)

DESSERT

Carrot Cake
With
Orange Cream Cheese
Frosting

FRIDAY

BRITISH

Homemade Battered Fish Filet (V)
Jumbo Cod Fish Finger (V)
Or
Quorn Cheese Burger (V)
Sides . . .
Garden Peas
Baked Beans
Gravy
Chips & Bloomer Bread

STREET FOOD

DEEP SOUTH DINER

New York Cheesy Quorn Hot Dog (V)
Sides . . .
Carrot & Spring Onion Slaw
Coleslaw
Green Salad

ITALIANO

Sicilian Cheese & Tomato
Pizza (V)
Herby Tomato Pasta (V)
Margherita Pasta (V)

DESSERT

Banana Marble Cake
With
Custard

**WE
SERVE**

Jacket Potatoes, Salad Pots, fresh
Baguettes & Sandwiches everyday!

ANY MAIN
& DESSERT

£2.40

WEEK THREE MENU

18/11, 09/12, 30/12, 20/01, 10/02, 02/03, 23/03

MONDAY

BRITISH

Creamy Chicken Cobbler with Gravy Or
Sweet Potato & Squash Casserole (V)

Sides . . .

Herby Crushed Potatoes
Green Beans
Carrot & Swede Mash
Farmhouse Bread
Garden Salad

STREET FOOD

DEEP SOUTH DINER

Bagel Cheeseburger

Sides . . .

Paprika Potato Wedges
Sweetcorn

ITALIANO

Veggie Hot One Pizza (V)
Neapolitan Beany Pasta (V)
Beef Bolognaise Pasta
Margherita Pasta (V)

DESSERT

Apple Cracknel
With
Custard

TUESDAY

MEDITERRANEAN

Beef Pasticcio
Or
Falafel in a Warm Pitta Yoghurt & Mint
Sauce (V)

Sides . . .

Mediterranean Roasted Vegetables
Mediterranean Bulghar Wheat
Corn on the Cob & Greek Salad
Garlic Pitta Bread

STREET FOOD

WINGS & THINGS

Chicken Shawarma

Sides . . .

Garlic & Herb Potato Wedges
Corn Slaw

ITALIANO

3 Cheese Sicilian Pizza (V)
Herby Tomato Pasta (V)
Beef Bolognaise Pasta
Margherita Pasta (V)

DESSERT

Raspberry Yoghurt Cake
With
Chocolate Sauce

WEDNESDAY

BRITISH

Roast Pork with Roast Potatoes, Stuffing &
Apple Sauce with Gravy
Or
Cauliflower Cheese (V)

Sides . . .

Broccoli & Baton Carrots
Crown Loaf
Green Salad

STREET FOOD

DEEP SOUTH DINER

BBQ Chicken Mac 'N' Cheese

Sides . . .

Garden Peas
Coleslaw

ITALIANO

Mushroom & Sweetcorn Pizza (V)
Cheesy Penne Pasta (V)
Beef Bolognaise Pasta
Margherita Pasta (V)

DESSERT

Pear Upside Down
Cake
With
Custard

THURSDAY

INDIAN

Chicken Tikka Masala with Wholegrain Rice
Or
Chickpea & Tomato Masala (V)

Sides . . .

Chana Saag
Cucumber Raita
Naan Bread
Tomato, Cucumber & Onion Salad

STREET FOOD

WINGS & THINGS

Carbonara Pasta Bake

Sides . . .

Bombay Potatoes
Southern Greens

ITALIANO

Sicilian Cheese & Tomato Pizza (V)
Chunky Vegetable Pasta (V)
Beef Bolognaise Pasta
Margherita Pasta (V)

DESSERT

Carrot & Banana
Slice
With
Vanilla Ice Cream

FRIDAY

BRITISH

Homemade Battered Fish
Filet (V)
Jumbo Cod Fish Finger (V)
Or
Cheddar & Caramelised
Onion Tart (V)

Sides . . .

Garden Peas
Baked Beans
Gravy
Chips & Bloomer Bread

STREET FOOD

DEEP SOUTH DINER

Cajun Vegetable Burrito (V)

Sides . . .

Mediterranean Broccoli & Peppers
Crunchy Raw Slaw

ITALIANO

Neapolitan Chicken Pizza
Herby Tomato Pasta (V)
Margherita Pasta (V)

DESSERT

Chocolate Slice
with
Chocolate Ice Cream

**WE
SERVE**

Jacket Potatoes, Salad Pots, fresh
Baguettes & Sandwiches everyday!

ANY MAIN
& DESSERT

£2.40