

WEEK 1 THIS WEEK'S MENU

	OPTION ONE	OPTION TWO	GRAB & GO
MON	NOODLE BAR	NOODLE BAR	<p>HOT DISHES:</p> <ul style="list-style-type: none"> Paninis Pasta and Sauces Freshly Baked Pizza Jacket Potato and Toppings <p>SALADS:</p> <ul style="list-style-type: none"> Tuna and Sweetcorn Pasta Salad Pesto Pasta Salad Roasted Indian Chickpea Salad <p>SANDWICHES/BAGUETTES:</p> <ul style="list-style-type: none"> Cheese Sandwich Ham Salad Sandwich Chicken Tikka Sandwich Tuna Mayo Baguette BLT Baguette <p>WRAPS:</p> <ul style="list-style-type: none"> Pepper and Houmous Wrap BBQ Chicken Wrap Chicken Caesar Wrap
	SATAY CHICKEN PHO	SPICED VEGETARIAN PHO	
TUE	BURGER BAR	BURGER BAR	
	BEEF BURGER Served with Baked Garlic and Herb Wedges and Corn on the Cob	BEETROOT AND FETA BURGER Served with Baked Garlic and Herb Wedges and Corn on the Cob	
WED	CLASSICS	CLASSICS	
	ROAST PORK With Roast Potatoes, Vegetables & Gravy	ROAST QUORN With Roast Potatoes, Vegetables & Gravy	
THURS	STREET	STREET	
	CHICKEN KATSU Served with Wholegrain Rice and Nut Free Satay Sweetcorn	MACARONI CHEESE	
FRI	FRIDAY FAVOURITES	FRIDAY FAVOURITES	
	BATTERED FISH Served with Chips, Baked Beans and Peas	VEGGIE BURGER Served with Chips, Baked Beans and Peas	

Vegetarian
 Vegan
 Oily Fish
 Wholegrain
 Nutritionist's Choice
 Halal

Our menu is subject to change.

WEEK 2 THIS WEEK'S MENU

	OPTION ONE	OPTION TWO	GRAB & GO
MON	SPICE IS NICE	SPICE IS NICE	HOT DISHES: Paninis Pasta and Sauces Freshly Baked Pizza Jacket Potato and Toppings SALADS: Tuna and Sweetcorn Pasta Salad Pesto Pasta Salad Roasted Indian Chickpea Salad SANDWICHES/BAGUETTES: Cheese Sandwich Ham Salad Sandwich Chicken Tikka Sandwich Tuna Mayo Baguette BLT Baguette WRAPS: Pepper and Houmous Wrap BBQ Chicken Wrap Chicken Caesar Wrap
	CHICKEN TIKKA RICE BOX	SPINACH AND CHICKPEA DAHL Served with Yellow Rice	
TUE	TEX MEX	TEX MEX	
	MEXICAN BEEF ENCHILADA Served with Baked Garlic and Herb Wedges and Tex Mex Vegetables	VEGETABLE FAJITA Served with Baked Garlic and Herb Wedges and Tex Mex Vegetables	
WED	CLASSIC	CLASSICS	
	ROAST CHICKEN With Roast Potatoes, Vegetables & Gravy	ROAST QUORN With Roast Potatoes, Vegetables & Gravy	
THURS	PAN-ASIAN	PAN-ASIAN	
	CHICKEN KOTTU ROTI BOX 	SOYA YAKISOBA	
FRI	FRIDAY FAVOURITES	FRIDAY FAVOURITES	
	SOUTHERN FRIED CHICKEN GOUJONS Served with Chips, Baked Beans and Peas	KOREAN BBQ QUORN SUB Served with Chips, Baked Beans & Peas	

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WEEK 3 THIS WEEK'S MENU

	OPTION ONE	OPTION TWO	GRAB & GO
MON	FEASTIVAL	FEASTIVAL	<p>HOT DISHES:</p> <p>Paninis Pasta and Sauces Freshly Baked Pizza Jacket Potato and Toppings</p> <p>SALADS:</p> <p>Tuna and Sweetcorn Pasta Salad </p> <p>Pesto Pasta Salad </p> <p>Roasted Indian Chickpea Salad </p> <p>SANDWICHES/BAGUETTES:</p> <p>Cheese Sandwich </p> <p>Ham Salad Sandwich</p> <p>Chicken Tikka Sandwich</p> <p>Tuna Mayo Baguette</p> <p>BLT Baguette</p> <p>WRAPS:</p> <p>Pepper and Houmous Wrap </p> <p>BBQ Chicken Wrap </p> <p>Chicken Caesar Wrap</p>
	JERK CHICKEN BURGER Served with Baked Spiced Wedges and Mixed Salad	TIGER BHAJI BURGER Served with Baked Spiced Wedges and Mixed Salad	
TUE	PAN ASIAN	PAN-ASIAN	
	MANDARIN BBQ PORK Served with Pineapple Rice and Nut Free Satay Sweetcorn	SWEET AND SOUR VEGETABLES Served with Pineapple Rice and Nut Free Satay Sweetcorn	
WED	CLASSIC	CLASSIC	
	ROAST TURKEY With Roast Potatoes, Vegetables & Gravy	ROAST QUORN With Roast Potatoes, Vegetables & Gravy	
THURS	STREET	STREET	
	FIRECRACKER BEEF 	TERIYAKI VEGETARIAN WRAP With Wholegrain Rice	
FRI	FRIDAY FAVOURITES	FRIDAY FAVOURITES	
	BATTERED FISH Served with Chips, Baked Beans and Peas	VEGETABLE GOUJONS Served with Chips, Baked Beans and Peas	